

To be prepared for camp, please bring the following items:

- Sunscreen
- Bug spray
- Aloe or sunburn treatment
- Anti-chaffing cream/powder/spray
- Chap-stick
- Water bottle
- Rain jacket
- Close toed, athletic shoes
- Lots of socks
- Dry-fit or light-weight clothes (both shorts and t-shirts)
- Hand or cooling towel
- Sunglasses
- Extra snacks if needed

Please do not wear:

- Jeans
- Chacos/sandals
- TOMS, flats or a variation thereof
- Long sleeves
- Sweat pants